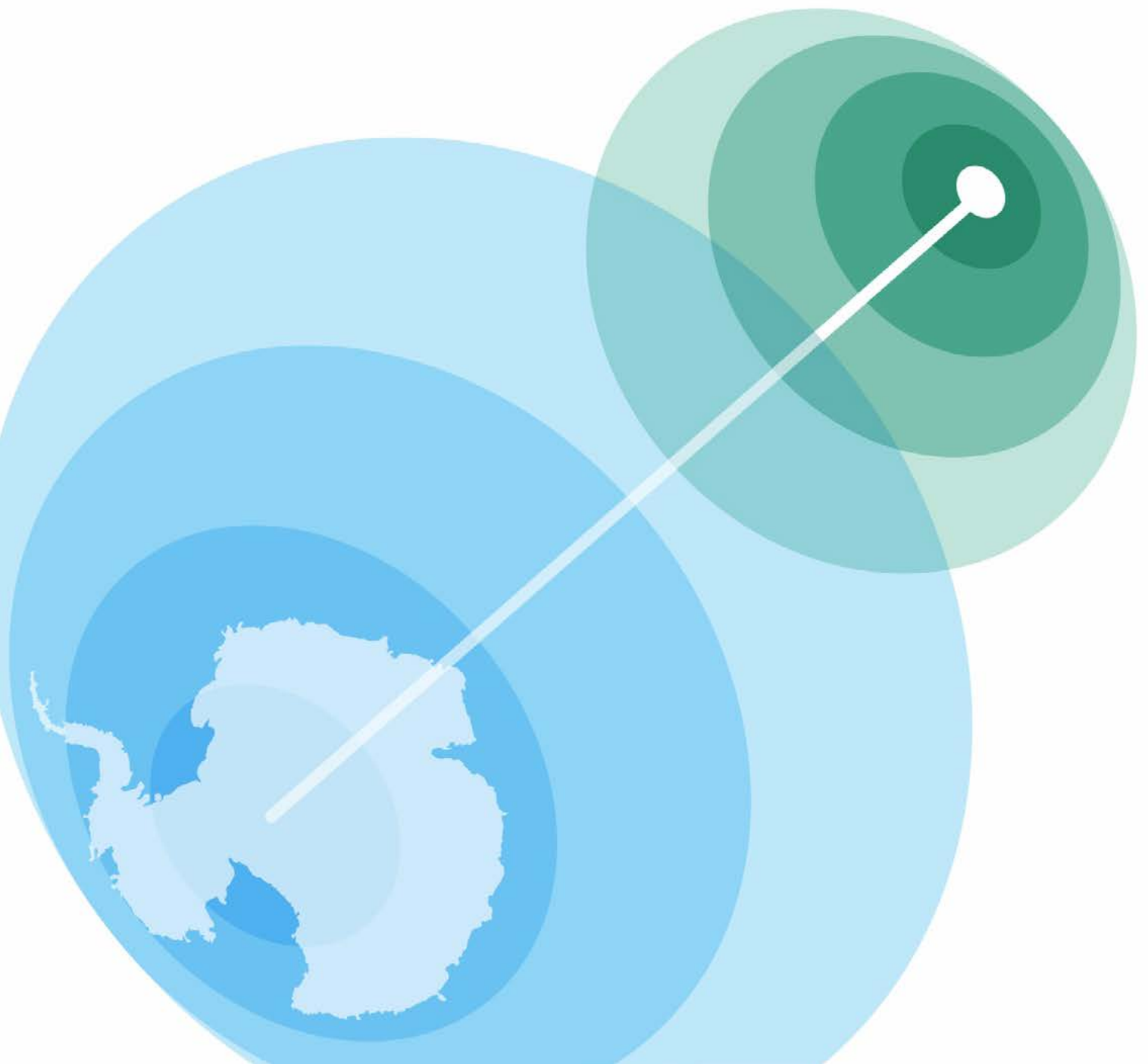


XLV
ANTARCTIC TREATY
CONSULTATIVE MEETING

May 29 – June 8, 2023
Helsinki ~ Finland

Delegates' Handbook





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Photo: Aleksii Rimali FINNARP

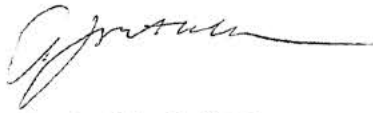


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HCS GREETING

Dear Antarctic Friends!

Human action has large ramifications in Antarctica and the Southern Ocean, as demonstrated by the alarming rate of change in the ice sheets and sea ice and the resulting disturbances to local ecosystems. The anthropogenic pressure on the region comes also with worldwide impacts, emphasizing the importance of international cooperation. It is crucial that the community of the Antarctic Treaty System comes together to protect the Treaty despite the global political turmoil. The special day for Climate Change discussions, organized for the first time, is particularly timely and topical. It presents an opportunity for parties to speak with one voice and communicate their concern over warming Antarctica to the global audience.



Tiina Jortikka-Laitinen

Ambassador
Head of the Host Country Secretariat



CONTACTS

Contact details of the Host Country Secretariat:

Ms **Tiina Jortikka-Laitinen**, Ambassador, Head of the ATCM-45 Host Country Secretariat

Ms **Tuija Lohi**, Conference Coordinator, Deputy Head of the ATCM-45 Host Country Secretariat

ATCM XLV Host Country Secretariat
Ministry for Foreign Affairs
P.O. Box 176, 00023 GOVERNMENT
FINLAND

Tel +358 295 350 832

Fax +358 9 62 9840

In case you have any questions regarding the logistical arrangements at the Marina Congress center, please write an e-mail to Ms Tuija Lohi at: ATCM-45@formin.fi.

If you have any questions regarding the accreditation or documents, please contact the Antarctic Treaty Secretariat at: ats@antarctictreaty.org

DAILY EVENTS AND SCHEDULE

The list of daily events and schedule will be distributed closer to the event.

Key dates:

Saturday 27 May; Registration open onsite, Marina Congress Center

Sunday 28 May; CEP begins

Monday 29 May evening; Heads of Delegation (Consultative Parties only) Meeting

Tuesday 30 May; ATCM45 begins

Friday 2 June; ATCM – CEP Joint Session Climate Change

Thursday 8 June; meetings conclude

MEETING INFORMATION

Finland is very pleased to host the XLV Antarctic Treaty Consultative Meeting (ATCM XLV) and the XXV Meeting of the Committee for the Environmental Protection (CEP XXV). Due to the decision in the ATCM XLIV in Berlin to hold an extra full-day ATCM/CEP joint session on Climate Change on Friday 2 June 2023, the sessions will run from 28 May to 8 June 2023 at the Scandic Marina Congress Center in Helsinki.

Language

XLV Antarctic Treaty Consultative Meeting (ATCM XLV) and the XXV Meeting of the Committee for the Environmental Protection (CEP XXV) will have a simultaneous interpretation available in English, French, Russian and Spanish languages.

MEETING VENUE

ATCM XLV and CEP XXV will be held at Scandic Congress Center Marina, located at Katajanokanlaituri 6, 00160 Helsinki.

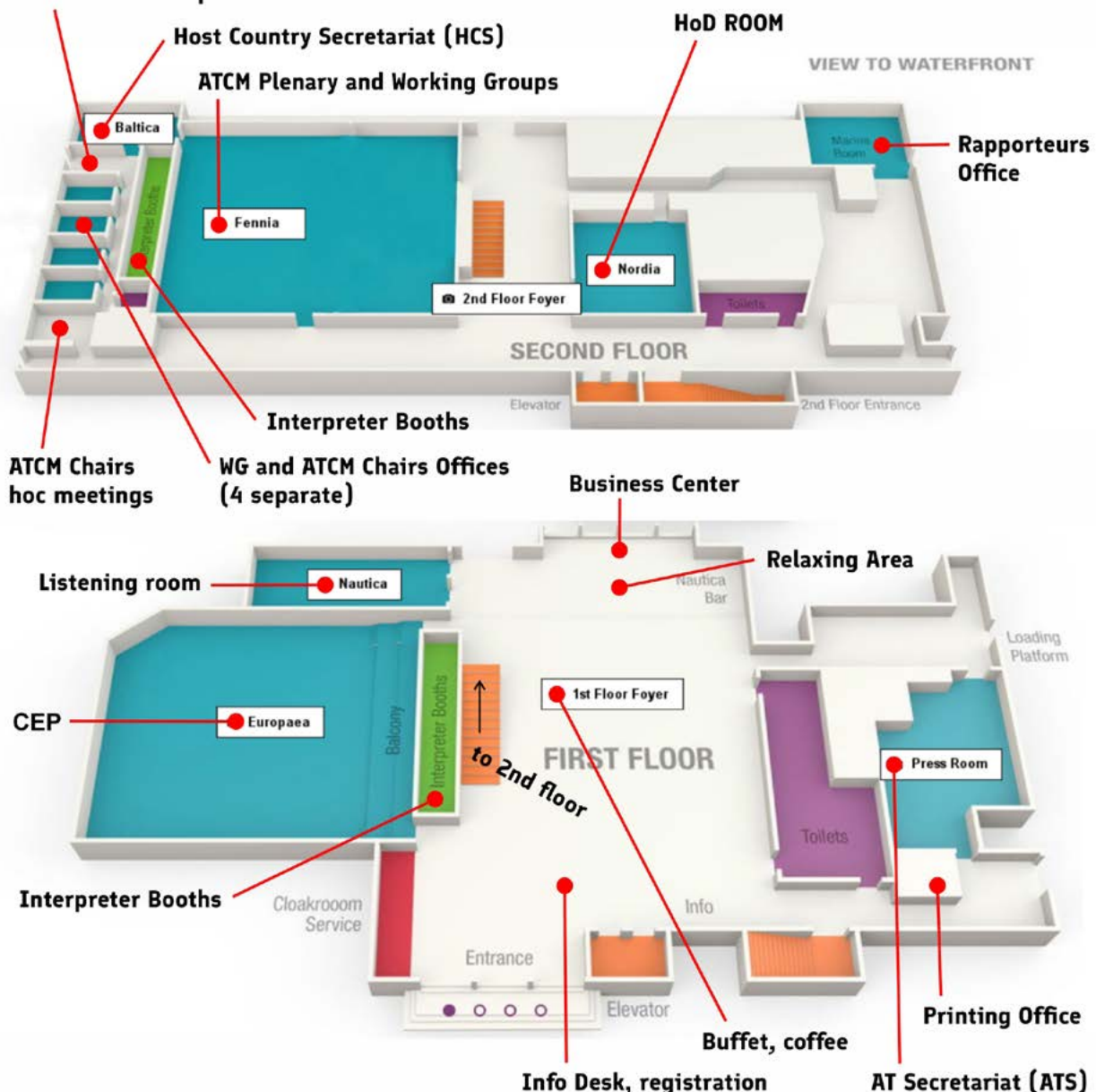
Marina Congress Center and the adjacent Grand Marina Hotel offer modern congress facilities, restaurants, bars and accommodation. Marina Congress Center is located by the sea, just a five minute walk from the Senate Square and the Market Square in the heart of Helsinki.

For further information on the venue, please visit Marina Congress Center’s website: https://www.scandichotels.com/hotels/finland/helsinki/scandic-grand-marina/meetings-conferences-events/scandic-marina-congress-center?_ga=2.115973126.1295542320.1671103326-551915630.1671103326

The Marina Congress Center is solely used for ATCM45. Please remember to wear a badge when entering the premises.

Layouts of the congress center:

Translation/Interpretation Office



MEETING REGISTRATION

Online registration and meeting documents are managed through the website of the Secretariat of the Antarctic Treaty. The registration process is running until 20 May 2023.

All delegates must be registered to the meeting in order to obtain a badge. A badge is required from all participants to access the meeting venue. The badges contain the delegate's name, organization and a photo. The Registration Desk will be open from 3:00 p.m. to 6.30 p.m. on Saturday 27 May, 8:00 a.m. to 7:00 p.m. on Sunday May 28 and from 8:00 am to 6:00 pm on Monday 29 and Tuesday 30 May. The Registration/Information Desk will be open throughout the event. The badges must be visible throughout the meeting venue and evening program.

FACILITIES AND SERVICES

Additional meeting rooms

There are three additional meeting rooms, which will be available for bilateral and other meetings. One of them is equipped with projectors. Delegates can contact The Host Country Secretariat (HCS) to book the rooms in advance at ATCM-45@formin.fi. In case of ad hoc need for a meeting room during ATCM, please inquire available rooms through the Information Desk.

Business center

Business center is located on the entrance floor, facing the sea front. There you can find basic office supplies, computers and printers for delegates' use.

Catering

The Host Country Secretariat together with the Marina Congress Center are pleased to offer coffee breaks and lunches throughout the conference. The coffee breaks will be held during intervals between sessions twice a day at the entrance level foyer. A light lunch will be provided during 12:30 – 2 pm at the entrance level foyer.

Coffee and refreshments are available throughout the day.

Conference assistants

There are conference assistants and meeting room ushers to assist delegates with any questions. The registration desk/information desk will be open throughout the conference. The meeting room ushers will be able to assist to find correct venues and facilities. You can mark the conference assistants and meeting room ushers with a special name tag "conference assistant". Do not hesitate to ask, they are happy to help!

Health security at the venue

There are no specific health security instructions in force during the meeting. The meeting venue will be equipped with hand sanitizers and adequate hand washing facilities. Masks are also available at the meeting venue.

Helsinki Information Desk

For information about the sights in Helsinki or any other information, there is a Helsinki Information Desk at the entrance level of the meeting venue.

Information Desk

The Registration/Information Desk will be open during registration hours, and from 8:00 a.m. to 6:00 p.m. every day throughout the event. It is located at the main entrance to the Marina Congress Center.

IT/AV Support for Delegates

There is IT/AV support available in case of problems. Please contact your nearest Conference assistant or visit the Information Desk to alert the IT/AV Support.

Listening room

Listening room is available for delegates on the entrance floor. Delegate can choose to listen and watch either ATCM or CEP meetings.

Official website of the ATCM45

<https://um.fi/atcm45>

Pigeonhole

Adjacent to the Information Desk there is a pigeonhole for each delegation to receive any materials. The meeting documents are not distributed to these pigeonholes.

Printing facilities

In case you would like to print a document, the Business Center is equipped with printers. In case there is a need for multiple copies, please ask the Conference assistants or the Information Desk for further assistance.

Power cords

The meeting rooms are equipped with power cords. Please be advised of the technical requirements and see 'Electricity' at the end of this handbook.

Registration desk

Please see 'Information Desk'

Sustainable meetings

The Ministry for Foreign Affairs will follow guidelines for environmentally sustainable meetings. The meeting venue is equipped with power cords for all delegates, and we encourage all delegates to bring electronic copies of the meeting documents on their own laptops or other devices. MFA has incorporated the guidelines into the practical arrangements

of the meetings as well, including meal arrangements, purchases, interior decorating at meeting venues, and transportation/social program.

In Helsinki, MFA together with the local caterers have created special menus that reflect locality, freshness, and seasonal products. We avoid all use of disposable materials and offer all drinks from pitchers rather than plastic bottles.

More information on the sustainable meeting guidelines can be found at:

https://um.fi/current-affairs/-/asset_publisher/gc654PySnjTX/content/ulkoministerio-kokoustaajatkossa-ymparistovastuullisesti (in English)

Visual image of ATCM45

In May, when the ATCM participants arrive in Finland, the Arctic tern, *Sterna paradisaea*, will also return from Antarctica to nest on our northern shores, as a greeting from the South Pole and a subtle reminder of the interconnected nature of our planet. The picture is taken by Mr Mika Kukkonen, Director at the Ministry for Foreign Affairs.

Wifi

Wifi information you can find on the backside of your badge.

ARRIVAL & ENTRY REQUIREMENTS

Visa requirements

If you need a visa to Finland, apply for a visa from the nearest Finnish mission or the visa centre that the mission advises to you. Honorary consuls and consulates cannot grant visas.

Finland – like the previous host Germany - is a member state of the Schengen agreement and most of the delegations of the ATCM XLV do not need a visa to enter Finland. In some cases, the exemption from the visa requirement applies only to holders of certain kind of passports (for example, diplomatic or biometric). [The website of the MFA of Finland](#) provides information by country and the information is available on our Host Country website as well. Please note that one can submit a visa application already six months before arrival.

For those delegations, to whom visa requirement applies, we advise you to contact our Embassies. There are, however, several countries, where we do not have an Embassy. In those cases, [Finland is represented by another Schengen country to issue visas for Finland](#). We shall inform the embassies of our partner countries accordingly. Please contact us in case you have any questions: visas.mfa@formin.fi

For more detailed information on visas, please visit: <https://um.fi/visa-to-visit-finland>

ACCOMMODATION

All delegates are responsible for their own hotel accommodation arrangements. Special pre-negotiated prices are available for the hotels listed below. Please note that the prices are

subject to hotel availability. During the ATCM meeting, there are many events in Helsinki. The Host Country Secretariat recommends delegates to book accommodation in due time.

Please visit the following website for more information on the hotel bookings:

<https://um.fi/atcm45/accommodation>

Scandic Hotel Grand Marina (opposite of the meeting venue)

Address: Katajanokanlaituri 7, 00160 Helsinki

Telephone: +358 300 308 404

E-mail: grandmarina@scandichotels.com

Hotel website: <https://www.scandichotels.com/hotels/finland/helsinki/scandic-grand-marina>

Scandic Grand Central Helsinki

Address: Vilhonkatu 3, 00100 Helsinki

Telephone: +358 300 308 401

E-mail: grandcentralhelsinki@scandichotels.com

Hotel website: <https://www.scandichotels.com/hotels/finland/helsinki/scandic-grand-central-helsinki>

Scandic Helsinki Hub

Address: Annankatu 18, 00120 Helsinki

Telephone: +358 300 870 680

E-mail: hub@scandichotels.com

Hotel website: <https://www.scandichotels.com/hotels/finland/helsinki/scandic-helsinki-hub>

Scandic Hakaniemi

Address: Siltasaarenkatu 14, 00530 Helsinki

Telephone: +358 300 308 410

E-mail: hakaniemi@scandichotels.com

Hotel website: <https://www.scandichotels.com/hotels/finland/helsinki/scandic-hakaniemi>

Scandic Kaisaniemi

Address: Kaisaniemenkatu 7, 00100 Helsinki

Telephone: +358 300 308 410

E-mail: kaisaniemi@scandichotels.com

More information: <https://www.scandichotels.com/hotels/finland/helsinki/scandic-kaisaniemi>

Noli Katajanokka (appx. 200 meters to the meeting venue)

Address: Kanavakatu 1, 00160 Helsinki

More information: <https://nolistudios.com/en/noli-katajanokka-helsinki>

HEALTH SECURITY

At the moment there are no restriction related to health security in Finland. Masks are not required in public transport nor inside buildings. The Host Country Secretariat follows the situation and informs the delegates if there should be a change in the situation.

The authority related in health issues is the Finnish Institute for Health and Welfare. More

information about travel can be found at: <https://thl.fi/en/web/infectious-diseases-and-vaccinations/what-s-new/coronavirus-covid-19-latest-updates/travel-and-the-coronavirus-pandemic>

TRANSPORTATION

How to get to the meeting venue

From Helsinki-Vantaa Airport:

Helsinki-Vantaa Airport is located in Vantaa, about 20 km from the meeting venue, Scandic Marina Congress Center. There are several options to get to the city from the airport either by train, bus or taxi. More detailed information on the airport can be found at Finavia's website: <https://www.finavia.fi/en/airports/helsinki-airport/access>

Taxi:

Taxi stations are located outside both terminals 1 and 2. A taxi from Helsinki-Vantaa airport to the city and the congress center should cost between 45 and 70 euros (40 to 65 USD). You can pay by cash in euros. All taxis accept all major credit cards.

Public transport:

From the airport, take train I or P to Central Railway Station. The Helsinki Railway Station is located in the city center, approximately 1,5 kilometers from Scandic Grand Marina hotel and congress center. To get to Marina Congress Center and hotel, take tram 4 or 5 towards Katajanokanlaituri from Aleksanterinkatu. For detailed information on routes and schedules, please visit Helsinki Region Transport HSL's website and journey: <https://www.hsl.fi/en>

NB! Tickets are not sold in trams and trains. At the railway station you can buy a ticket (zones ABC) from a ticket machine for 4,6 euros or you can buy the ticket through the HSL mobile app. The ticket is valid for 80 minutes. When using trams, you can buy a ticket from a ticket machine or by downloading the Helsinki Public Transport (HSL) app.

Getting around the city

Public transportation in Helsinki is safe and easy to use. The Scandic Grand Marina Hotel and Marina Congress Center are situated in the city area called Katajanokka. It is a few hundred meters from the heart of the city center. The easiest means of transportation is the tram. The closest tram stop is located 100 meters from the hotel. The cost of a single public transport ticket for Helsinki (zone AB) is 2,8 €. Tickets can only be bought from a ticket machine or through the Helsinki public transport, HSL, mobile app.

All taxis are metered and accept all major credit cards. Maps and additional information can always be obtained at hotels. Taxis can be ordered by phone, from taxi stands or hailed from the street. Taxi stands are located throughout the city center. Credit cards are accepted in all taxis. Taxi drivers usually speak English. Please note that there are several taxi companies offering transportation. The official taxis are Helsinki Taksi and Lähitaksi.

Helsinki Taxi: +358 100 0700



Helsinki Christmas Market booths in the Senate Square. Photo: Jussi Hellsten / Helsinki Partners

GENERAL INFORMATION

About Finland

Finland is a Nordic country of 5,5 million inhabitants. The capital is Helsinki, located by the Gulf of Finland in southern Finland. Finland has three neighboring countries: Russia in the east, Sweden in the west and Norway in the north. Finland covers 338,440 km² (131,991 square miles). The distance between the northernmost and southernmost points is 1 157 kilometers.

Finland celebrated 100 years of independence in 2017. Finland is a republic and a parliamentary democracy. Finland became a member of the European Union in 1995. Finland's currency is the Euro.

There are two official languages: Finnish and Swedish. Finnish is spoken by 87,9 % of the population and Swedish by 5,2 %.

For more facts and information see Visit Finland:

<https://www.visitfinland.com/en/article/finland-facts-faq/>

Information about Finland by different topics can be found here:

<https://toolbox.finland.fi/finland-in-stories/>

About Helsinki

Welcome to the Capital of Finland, Helsinki! Helsinki is the capital city of Finland and home to 650 000 people. Helsinki is a modern European city of culture that is famous especially for its design and high technology. The city is a pocket-sized metropolis that is easy to discover on foot.

Near the meeting venue, there are several sights to be experienced. You can watch the cruise boats Viking Line and Silja Line arriving to Helsinki and departing to Stockholm. Just a few minutes' walk will take you to the [Helsinki Skywheel](#): and you can take a glimpse of the whole city from above. Next to the Skywheel is [Allas Seapool](#) where you can be a true Finn and enjoy Finland's sauna culture, which is adopted to UNESCO cultural heritage list. Right next to the Allas Seapool is the Presidential Palace of Finland and the [Market Square](#). From the Market Square you can take a ferry to [Suomenlinna](#), to enjoy Finnish history and the archipelago at this World Heritage site. Further to the city center by foot, you come to the [Esplanade Park](#) and then you are located in the heart of the city and home of all shopping. The biggest and most historical department store [Stockmann](#) is at the end of the Esplanade Park.

A brief history of Helsinki can be found here: <https://www.hel.fi/helsinki/en/administration/information/history/history>

Images of Helsinki can be found in this video: <https://materialbank.myhelsinki.fi/videos?openMediaId=1135>

Enjoy Helsinki: <https://www.myhelsinki.fi/en>

Business hours

Regular office hours are from Monday to Friday 9 am to 5/6 pm. Most shops are open seven days a week.

Communications

To call Finland from abroad or from an international mobile phone, the international dialing code is +358.

Emergency (police, fire and medical) number: 112

Credit Cards

Major credit cards are widely accepted in all shops and restaurants. Visa, MasterCard, American Express, and Diners Club are the most widely accepted cards. Please remember to save the emergency phone number for any credit card in case it is lost. Please note that almost all transactions by credit card require PIN verification.

Currency and ATMs

The currency in Finland is Euro (€). Retailers do not accept other currencies. Foreign currency can be exchanged at the airport, at banks, and at Forex service points.

Automatic teller machines (ATMs) are widely available and can be used to withdraw euros. The most common one is a yellow ATM machine called "Otto". Many banks impose fees on cash withdrawals, such fees may be higher for international transactions.

Customs

Travelers to Finland are not required to fill in a customs clearance form unless they are bringing an item that needs to be customs cleared. Please visit the web-site of Finnish

Customs: <https://tulli.fi/en/private-persons/travelling/going-through-customs>

Electricity

The standard electricity supply in Finland is 220-240 Volts and the standard frequency is 50 Hz. The power plugs and sockets are of type F. Although some hotels will provide converters and adapters, you are strongly advised to bring your own.

Language

Finland has two official languages, Finnish and Swedish. English is widely spoken.

Medical insurance & medical facilities

All participants are strongly advised to have international health insurance coverage for their stay. All participants are responsible for their own medical expenses.

In all serious emergencies, please dial 112.

24-hour service

Haartman Hospital

Address: Haartmaninkatu 4

Tel. +358 9 3106 3231/emergency duty or +358 9 310 5018/switchboard operator

Mehiläinen Töölö (private hospital)

Address: Pohjoinen Hesperiankatu 17 C

tel. +358 10 414 0200

Terveystalo Kamppi (private hospital)

Address: Jaakonkatu 3

tel. +358 30 6000

Pharmacies

The nearest pharmacy to Marina Congress Center is Katajanokan apteekki, Katajanokka pharmacy.

Katajanokan apteekki

Address: Kruunuvuorenkatu 1

00160 Helsinki

Open Mon-Fri 8.30–18, Sat 10–15

The nearest 24/7 pharmacy is Yliopiston apteekki (Address: Mannerheimintie 96, 00250 Helsinki)

Public transport

Helsinki has metro, trams, trains and buses. Helsinki metro has a single line. The nearest metro stop to the meeting venue is the University of Helsinki stop. The metro runs from 5.30 am to 11.30 pm from Mondays to Saturdays. On Sundays the metro runs from 6.30 am to 11.30 pm.

Helsinki has a tram system that covers most of central Helsinki. Tramlines 4 and 5 go to Katajanokka, where our meeting venue Marina Congress Center is located. The nearest tram stop to the meeting venue is Kauppiaankatu. To get to the meeting venue, take the tram to direction Katajanokan laitur. The trams run from Monday to Saturday from 5.30am to 11.30pm. On Sundays the trams run from 7am to 11.30am.

The most convenient way to buy public transport tickets and search for routes is through the Helsinki Public Transport, HSL, mobile application. More information, routes and schedules: <https://www.hsl.fi/en>

Special needs

Any delegate who needs arrangements regarding accessibility should contact the Host Country Secretariat in order to ensure that appropriate arrangements can be made.

Taxis in Helsinki

There are several companies offering taxi services, for example Taksi Helsinki (tel: +358 100 0700, e-mail info@taksihelsinki.fi).

Taxes & Fees

All taxes are included in the marked prices in department stores, restaurants and hotels.

Time

Helsinki standard time is GMT +2 hours.

Tipping

Tipping is not required in restaurants, bars or taxis.

Water

Tap water is safe to drink everywhere Finland. You can drink water from any tap unless clearly indicated otherwise. Please use the reusable water bottle provided to you by the Host Country Secretariat and enjoy Finnish tap water.

Weather

Finland has a much milder climate than most other regions of the world that lie as far north. Although the average temperature in Helsinki in May is only 12°C and 14°C in June, the daily temperatures may vary significantly in late May and early June. To check out the latest weather forecast for Helsinki closer to the ATCM, please visit the Finnish Meteorological Institute: <https://en.ilmatieteenlaitos.fi/>



Photo: Jussi Hellsten / Helsinki Partners

What is happening in Helsinki

Ateneum, The Finnish National Gallery of Art

Albert Edelfelt, a Finnish master of painting. (1854-1905). The exhibition of Edelfelt's life's works has been in Petit Palais, in Paris and in Gothenburg and is now returning home to Finland. 5.5.-17.9.2023, Tue-Fri 10-20.30, Sat-Sun 10-17, Mon closed.

<https://ateneum.fi/en/>

Kiasma, The Finnish National Gallery of Contemporary Art

Daniel Steegmann Mangrané. Artist invites us to question our habits and how we look at the world. He creates environments visitors can experience with all their senses. 8.3.10.9. Tue-Fri, 10-20.30, Sat 10-18, Sun 10-17. Mon closed

<https://kiasma.fi/en/>

The House of Dance, Tanssintalo

Lyon Opera Ballet; Forsythe / Pontvianne, a visiting performance of modern dance and ballet from Lyon. 30.5-1.6. at 7 pm. Kaapeli aukio 3. At the Cable Factory.

<https://www.tanssintalo.fi/en/>

Amos Rex

A private art museum in the heart of Helsinki on Mannerheimintie 22-24 (Lasipalatsi) – Generation 2023 – 29.3-20.8.2023. 50 young artists' works are multidisciplinary and move fluidly across different art forms avoiding strictly defined genres.

<https://amosrex.fi/en/>

Löyly

A complete Finnish sauna experience with a possibility to swim in the Baltic Sea. And enjoy a lovely dinner by the fireplace. Hernesaarenranta 4, 00150 Helsinki. +358 9 61286550. Saunas open 13-22, restaurant open 11-23.

<https://www.loylyhelsinki.fi/en/>

Sauna

The best public saunas: <https://www.myhelsinki.fi/see-and-do/activities/the-best-public-saunas-in-helsinki>

About Finnish sauna culture: <https://sauna.fi/en/>

Allas Sea Pool: <https://allasseapool.fi/?lang=en>

Allas Sea Pool. Photo: Allas



